The development of family counseling in Jordan: a comparative perspective

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Abstract :

This study addressed the Family Counseling concept, objectives, methods, and stages of development globally and in Jordan. The study has concentrated on finding the differences between the practicing of Family Counseling globally and in the Jordan society.

The study adopted the Descriptive-analytical and comparative approachto achieving the study objectives.The most important findings were that: there is a similarity between the methods and objectives of Family Counseling globally,and its methods and objectives in Jordan, also a similarity between development stages of Family Counselingglobally and in Jordan.The differences between them emerged in the professional practice as it was globally organized and confused in Jordan. The results also showed that Family Counseling globally emerged in the 1940s and 1950sof the 20th centuryand emerged in Jordan at the beginning of the 21st century.

Introduction:

The family is the oldest social institution which is known to man, and it is the basis of the existence of society, as well as ,it is the context in which the human receives the first lessons of social life. (Khouli, 1984)

The family is the core of the other social institutions, and it has played a leading role in human civilization and socialization. The family appears in many forms, every one of them representsa form of adaptation to the needs of time and place.

The family has existed in all human societies throughout history in various patterns, it represents a global necessity because it performs manybasic functions to preserve the human species survival and the continuity of social and cultural life. The sociologistshave agreed on the universality of these functions.

The family, in general, has been influenced by the historical, social, economic, and urban changes that have taken place in societies around the world, as its structure changed and lost many of its functions,which were initially one of the reasons for its strength, cohesion, and unity.So, there was a change in its economic, social, and cultural functions, and many of them ended up in other institutions.

Given the importance of the family and concern for its cohesion and integrity, attention came to Family Counseling and what it constitutes of psychological and social health,and the positive effects it has on the renaissance and progress of society and cohesion of its psychological and social fabric.Therefore, Family Counseling services available in the social development sectors globally and Arab through institutions and centers concerned with this aspect.

Research problem:

The rapid transformations in the life of Arab society, in general,and Jordanian society, in particular,made the families vulnerable to going through many family social problems, so it was incumbent on the societies to help to addressing and reducing them to preserve the most important social structure, the family.

And this is what made Jordan go towards Family Counseling and started with its beginning around the world. So, Jordan paid attention to Family counseling, believing that it is one of the main competencies of psychological

counseling, which is based on therapy, prevention,and skills development in the field of evaluating family practices,and putting it on the right path,addressing defects of the family in various aspects that can be faced, enhance wellness and development powers in the personalityand release positive energies and capabilities. Family Counseling also has preventive aspects represented in protecting the family as a unified entity and protecting its members from dangers that may threaten their balance, self-concordance, and their life effectiveness in the face of recent societal transformations and changes.

Even though Jordan and its institutionsconcerned with family counseling are acting according to what came globally and the similarity of methods and goals, there is a difference and privacy in some aspects related to the cultural, social, and sometimes legal aspects of the Jordanian society.

Hence the need for this comparative study, through which we will answer the following questions:

- What is the concept of Family counseling?
- What are the development stages of Family counseling globally?
- What are the development stages of Family counseling in Jordan?

Research objectives:

This study aims to:

- Identify the concept of Family counseling.
- Determine the development stages of Family counseling globally.
- Identify the development stages of Family counseling in Jordan.

Research significance:

In any society, the family is the core of its social organization, as it is the smallest form of society. This family consists of individuals who interact with each other, and each individual has a specific role and position based on the organization within it. The lack of agreement between members of the same family leads to a kind of family instability, as the family is an integrated unit in the society affected by the various interactions and influences that take place within it, knowing that the internal and external harmony of the family with the rest of the community units gives it strength and harmony through which it can survive and adapt within this society.

Accordingly, the importance of this research paper stems from the importance of the family and the importance of preserving it from the family problems that it is facing through family counseling programs that families need, specifically after the development of societies and the rapid pace we live in.

Research approach:

The research adopted the descriptive-analytical and comparative approach for its suitability to this type of study, as it included a description of the development stages of Family counseling globally, and then a description of the development stages of Family counseling in Jordan, and then the differences found between them.

Operational definitions:

Counseling:

A set of procedures used by social workersand other professionals to counsel individuals, groups, families, and communities in specific situations.

Family:

A small group has social roles and positions, such as the wife, husband, father, mother, and children related by a legal bond approved and recognized by society, besides the bond of blood, marriage, and adoption, and they share one residence and cooperate economically.

Family counseling:

It is the process of assisting family members individually or as a group in understanding family life and its responsibilities to reach stability and family harmony and solve family problems.

Previous studies:

The study of researchers Al-Lawzi and Al-Ma'ani (2006), entitled "Stages of Family counseling practice in Jordan and its difficulties," aimed to identify the family counseling practice in Jordan from two aspects: the first relates to the stages that family counseling has gone through in Jordan and the relationship between knowledge and practice, and The other is relates to the difficulties faced by the family counseling profession in Jordan.

The study suggested that family counseling went through three stages in Jordan, and these stages, in order, are:The stage of informal counseling in traditional Jordanian society, as it is practiced by family, relatives, neighbors, and friends, then the transitional stage of incompetentformal counseling in Jordanian societywhich is practiced in many charities, and finally, the beginnings of the stage of professional family counseling in modern society.

Concerning the second aspect,the study pointed out the possibility of understanding the difficulties facing the family counseling profession in Jordan from a formative and functional perspective.The researcher classified these difficulties as follows: Difficulties related to the family counselor, and difficulties related to the incapacity of practitioners conceptually that represented inacademic preparation orthe process of skill and practical experience or both. The study also suggests other difficulties related to the family represented in the lack of awareness of the family or one of its members of the importance of family counseling due to the prevailing beliefs in society, as well as other difficulties related to the media represented in the wrong mental image instilled by the media about the family that asking helpthrough family counseling as broken and abnormal, and the lack of educational curricula that contribute to educating students about the importance of family counseling and its impact on the individual and society.

The study of the National Council for Family Affairs (2005), aims to reveal the reality of family counseling services in Jordanas perceived by the directors of institutions and counseling workers. These aims are to evaluating the services of the institutions currently providing family counseling services in Jordan and revealing the variables related to the families' needsfor the type of services provided by the institutions, associations, and centers that provide some help to the family.The sample was from counselors working in public schools and ten psychiatrists working in the public and private sectors.

The results showed that: The common goal of all institutions and centers concerned with family affairs is awareness, education, and development of individuals' capabilities. The results also showed thatthe leastbeneficiary group from the services are the older persons, people with disabilities, psychiatric patients, and of unknown parentage, as well as that the beneficiaries of the services provided sensebenefit of these services, the results also revealed the most prominent difficulties faced by institutions and associations, financial, administrative and technical difficulties. There are goals that the agreed upon by all counselors working in schools and institutionsrepresented in resolving family disputesand marital problems. The results also showed that the most important difficulties facing counselors are the families' lack of conviction, families' lack of commitment to deadlines, and their failure to cooperate in speaking openly about their problems.

The study of researchers Ghaith and Al-Mashaqbeh (2015),entitled "The effect of a collective counseling program based on Satir's theory in improving the quality of marital life among a sample of wives who suffer from a

reductionin marital satisfaction". The study aimed to test the impact of a counseling program based on Satir's theory in improving The quality of marital life among a sample of wives who suffer froma reductionin marital satisfaction,and there were(16) wives were chosen from the Family Awareness and Counseling Center in the New Zarqa area, the Hashemite Kingdom of Jordan, where two tools were developed to achieve the objectives of the study, one of them was designed to assess marital satisfaction, and the other to assessthe quality of married life, applied to the participants before and after the implementation of the collectivecounseling programthat was developed based on Virginia Satir's theory.

The results of the study suggested that there were statistically significant differences between the members of the experimental group and the control group on the study scale(quality of married life, which consists of three dimensions: (the psychological, social, and health dimension), in favor of expermintal group in the pre-test which indicates that there is an impact of the program in improving the quality of the married life of the participants, through which social and emotional skills were developed, such as(talking about self skill , expressing feelings skill, the communication skill , and solving marital problems skills), as well as helping them raise their level of self-esteem and generalizing what has been learned outside the counseling sessions in general.

In Christine's (2004) study, entitled "The importance of the characteristics of counseling office auditors and their topics in marital counseling.". This study aimed to know the importance of individual characteristics and important topics in pre-marital counseling. The study sample consisted of 210 counselors specialized in pre-marital counseling in Florida.

The results showed that there are many characteristics of the client that affect the level of benefiting frompre-marital counseling, and that levelof vulnerability is determined by the following factors, respectively: the communication between spouses, the origin of the family, client characteristics, motivation towards pre-marital counseling, society).The study refers to the need to raise some matters for those who are about to get married,and these matters are according to their importance:marriage obligations, communication skills, attitude towards marriage, resolving marital problems, giving part of the time to perform the job.The study recommends the importance of knowing the characteristics of the client when applying and developing the pre-marital counseling programs.

Theoretical framework:

Family concept:

The family system is considered by many researchers as one of the most important and oldest social systems. Studies indicate that a person began his social life with the family because it constitutes the most important cell that can meet the human's biological, psychological and social needs. Therefore, the family is the first nucleus of human society.

Family patterns:

The family pattern determines the economic and social structure of society. The economic situation of those who support the family directly affects its pattern. The social structure and cultural frameworks also have an impact on

the family style. **As** in rural societies that are characterized by a degree of mechanical solidarity, the extended family pattern prevails, while the advanced societies with organic solidarity are dominated by the nuclear family pattern.

Nuclear family:

It is the smallest kinship unit in society, and it consists of the husband and wife and their children, who live in the same house, and between them there are economic, legal and social obligations. This pattern prevails in urban areas (Dukil 1992).

Extended family:

It consists of the father, the mother and their married children, living in the same housing and between them mutual obligations, and this type prevails in rural areas where agricultural operations need this solidarity). (Dukil 1992).

It is often found in rural agricultural societies, as the nature of the economic and social structure dictates its existence. Before the advent of technology and the industrial revolution and in the existence of collective land ownership, this mode of economic production required solidarity between kinship relations as cousins, and even in pastoral societies there was a form of "tribal" migrations from one region to another, which imposed the existence of the extended family style. (Abdullah 1997).

Compound family:

They mostly consist of two nuclear families, or more, and are linked to each other by the father, and they are distinguished by common housing and mutual obligations, and they may in many cases include brothers and cousins. (Dukil 1992).

Family functions:

If the developments experienced by the family in many societies have led to give up some jobs and to weaken others, However, in almost all societies the family is still considered a basic system that achieves certain goals, namely procreation, care for family members biologically and emotionally, socialization, social control and determining the social status of the individual. (Younes 1972).

Based on what was mentioned previously, the family functions can be limited to the following: biological function, reproductive function, social function, the economic function, the cultural function, the protection function, the religious function, the educational function. (Al Raba'a, Return of 1961)

The development stages of the family 'study :

The subject of the family has received the attention of thinkers since ancient times, but the scientific study of the family did not begin until the nineteenth century by anthropologists and archaeologists who were interested in studying the family in primitive cultures, and in ancient civilizations and then witnessed many developments, and we can summarize them in the stages The next four: (El Gohary 2004)

The first was characterized by the predominance of emotional, superstitious and contemplative thought It is also represented in the folklore and writings of writers and philosophical reflections, As for the second stage, it was characterized by a number of ideas that tend to apply evolutionary ideas to the field of family and marriage, the most important of which is the ideas of "Darwin". In the third stage, the studies focused on studying the internal relationships between family members. The fourth stage was characterized by increasing interest in theory and deepening quantitative studies. But in a more systematic way, defining schools of thought or frames of reference, as well as defining the field, disappearing old rulings, and relying in general on authentic field material.

Family studies reflect the development of social transformation from generality to appropriation, from abstract study to empirical study, from general concerns, and from the whole to the part, while recent studies show new topics such as "the role, center, marriage, divorce, power and cultural scholars"

The concept of family counseling:

There are many definitions of family counseling. Some define it as the process of helping family members individually or as a group in understanding family life and its responsibilities to achieve stability and family harmony and solve family problems. (Zahran 1998).

Another definition is that it is a process carried out by the counselor or counseling work teams with the help of family members to understand their capabilities, develop their social relations and foresee sound solutions to their problems, to achieve stability, family harmony, psychological adjustment, mental health and happiness for the individual, family and society. (Kafafi , 2009)

Family Counseling Objectives:

 Family counseling has many goals that it seeks to achieve, including: (Al-Ezza 2000)

- Achieve social adjustment for family members through establishing positive relationships and Commitment to the standards and values of society and the rules of social control.

- Improve the performance of the family by evaluating it firstly as a whole unit, Then develop a plan aimed at changing the interrelationships among its members to its positive and active image.

- Help the family to discover and know the weaknesses that affect the family's relations and interactions as a social system.

- Strength the positive values in the family, and consolidating its rules in order to achieve balance within the family.

- Achieve balance and cohesion in the relationships between family members.

- Help the family and its members to leave the negative aspects and values that affect the family's performance of its functions.

- Help the family to raise the level of its performance of its functions as a social system, As part of a larger system integrated with it, which is the community.

- Increase the effectiveness of family communication in order to improve communication between the sub-forms within the family, and between the family and the outside community.

- Direct interactions between family members, which strengthens family norms It leads to improving the social, psychological and emotional function of the family as a total unit and helps it to meet changes and confront problems that hinder its performance.

- Explore the dysfunction in the family structure, whether it is social, psychological or economic.

Family Counseling Methods:

 individual counseling It is intended to provide counseling assistance to a single client face to face, Through a direct, interactive professional relationship, It is used with individual cases that need the counselor to determine the causes

contributing to the emergence and development of the problem, and the cases that need special care, as it stems from the principle of the individual's uniqueness, and his difference in behavioral patterns and responses, and accordingly varies appropriate guiding methods for him and therapeutic methods, and individual counseling is based on several foundations, the most important of which are: (Al-Safafa, 2010).

There are individual differences between individuals. Every problem has different causes It may require counseling procedures in special circumstances.

- Individual counseling works with the client who looks at his problems from a special angle, as well as with the one who feels rejected by the group and has withdrawn or introverted tendencies, as well as the narcissistic client Which causes chaos when he is with the group.

- Note that individual counseling achieves Several advantages, including:

- Give the client the opportunity to present his problem in his own way.

- Satisfy the individual needs of the client.

- It is possible to deal with complex or special problems that require complete confidentiality, such as sexual disorders.

group counseling:

 group counseling is defined as a helping process that takes place within a group that aims to change the behavior of its members as a whole. It is a process of interaction between members of the group in a new framework in which the individual feels reassured to adopt more effective behavioral patterns in self-realization and Insight into normal interaction and socially acceptable behaviors.

Family Counseling History:

Global family counseling Studies indicate that field experience in social work in general and family counseling in particular is the basis on which academic experience is built. Previous practices and practical experience accumulated until it became knowledge recognized by universities, and Richmond in 1917 was the first to report on this experience and field knowledge To a formal academic framework taught in universities. (Morales, sheafor 1983).

Where family therapy emerged as a distinct professional practice within Western cultures in the nineteenth-century social work movements in the United Kingdom and the United States as a branch of psychotherapy, its roots may be back somewhat later to the early twentieth century

With the appearance of the child's guiding movement And marital counseling, and the history of the official development of family therapy dates back to the forties and early fifties of the last century With the founding of the American Association of Marriage Counselors in 1942. (Sholevar 2003).

In the period after the 1950s, the American Association of Marriage Counselors, which later became the American Association for Marriage and Family Therapy, was also founded "AAMFT", It is a widespread association that includes more than 24,000 therapists, husband and family counselors in America, Canada and the rest of the world. It is a broad association that defines the standards for practicing the profession, and is based on the good preparation of therapists and counselors, and demands adherence to the standards and ethics of practicing the profession.

It also holds a series of training seminars and conferences annually to follow up on developments and increase the professional empowerment of mentors. It also publishes "The Journal of Marital and Family Therapy" and publishes many pamphlets and brochures to educate the public in the field of marital and family therapy. (frank 1998)

In this regard, Western researchers described the stages of development of the goals of family counseling methods in their societies and put them in several stages: (Morales, sheafor 1983):

-The stage of modifying the behavior of individuals (professionally practiced).

- The stage of working with the family as a small group ((professionally practiced).

- The stage of family therapy (practiced professionally).

The stage of education and education in family life (widely practiced).

- The stage of family empowerment and support by the community (legislation) and here (professional in the way of advocacy and empowerment).

To clarify these stages, the first stage began with individual interaction with family members in order to modify behavior, and this method was called Family Casework. And then the stage of counseling, which deals with the family as a small group, and this method was called Family Group Work, and here the applications and processes of working with the group were used. As for the third stage of counseling, the family therapy method was used, which is a method that emphasizes intervention to change the structure and assemblage of the family to be more supportive of the family members themselves.

This trend has developed into a new phase that focuses on strengthening the family through educational programs and activities about family life, called Family Life Education.

At the end of the twentieth century, researchers saw that the trend that can be added as a fifth stage is the postmodern trend in family counseling and depends on empowering the family through advocacy and empowerment of the family, which are contemporary social work methods whose purpose is to influence family policies to become Friend Family Policies This trend focuses on fully supporting the community by influencing policies to be supportive of the family (Crompton 2002)

In this regard, it is mentioned that the Ackerman Institute is one of the first centers specialized in family counseling in the United States of America. The Ackerman Institute for Family was founded in 1960. It is one of the main institutions of family therapy and one of the most popular and appreciated training facilities for family therapists, serving families from all aspects of life and at all stages of family life.

The mission of the Ackermann Institute is to provide the following:

- Innovative couples and family therapy services Through the clinic located on the site, which is licensed by New York State Office of Mental Health

- Design training programs with the latest models for mental health clinicians and other professionals on site, in community settings and internationally.

- Conduct Advanced research initiatives which focus on developing new therapy models and training techniques.
- Offers innovative perspectives to a wide range of community service agencies and other healthcare facilities.

In Argentina, family counseling has developed according to the global approach, and counseling in Argentina follows a similar path as in the United States. Since 1987, a group of psychologists has started a human-focused program, And in 1990 Huls San was taking direction for the first institution to offer a counseling program founded by Andres Sanchez Bodas, and in 1992 counseling became an essential profession, and the founders wanted it to be a humane and human-centered approach with an approach focused on well-being, not on pathology and problems, And then multiplied counseling programs across the country. (Niles 2013).

While in China there are at least 100 million people suffering from various mental illnesses and social problems And mental illness is the most prevalent disease. With regard to counseling, there are three large groups of counselors in China, where the first group serves people with severe mental illness in hospitals, And the second group is working within the educational system of the country It includes political, educational, intellectual and social guidance according to the directives of the Ministry of Education. As for the third group, consultants are made up of those who work with commercial companies and practitioners in consulting centers in the private sector.

Note that the Chinese Psychological Society (CPS) and the Chinese Society of Mental Diseases (CAMH) are the two most important professional consulting societies in China, both of which are registered with the China Society for Science and Technology, Most counselors in China rely on a variety of Western theoretical models (such as cognitive behavioral therapy, Gestalt therapy, objective relationships, etc.). solution focused therapy client - centered therapy and close family therapy (Satir). At the same time, there are efforts to combine traditional Chinese ideas of holistic health such as traditional Chinese medicine with Western psychotherapy (Hou & Zhang).

Note that those in charge of the family counseling profession in those countries are practiced by people who specialize in the humanitarian, social and educational fields. And it achieved a wide spread in those societies. Support there includes what is psychological, material and social, and the state intervenes in preserving and caring for the rights of the family, regardless of the families' request for that or not.

Family counseling in Jordan:

 Family counseling appeared in Jordan as an urgent need to help families in this contemporary time We are going through a lot of changes and developments. This was an extension of translating the vision of His Majesty King Abdullah II to achieve comprehensive and sustainable development that provides a decent livelihood for Jordanian families and also in response to the invitation of Her Majesty Queen Rania to promote and elevate the family in general and with guidance in particular, Hence, a family counseling strategy was developed Issued by the Supreme Council for Family Affairs, which was established by Law No. 37 of 2001, It acts as a supportive umbrella for coordinating and facilitating the work of partners from national governmental and non-governmental institutions and the private sector working in the family field. The Council also seeks to enhance the status of the Jordanian family, and to maximize its role in society, to enable it to contribute to preserving the cultural and cultural heritage, in line with social and cultural changes in the Kingdom of Jordan.

In this regard, it can be said that family counseling in Jordan was derived from the history of family counseling globally, despite the differences between what is Western and what is Arab. In Jordanian society, the goals of family counseling methods have developed in multiple stages that differ in some aspects from what we mentioned globally in This study (Morales, sheafor 1983).

As for the stages of family counseling, it went through three stages:

-   The stage of informal counseling which refers to practiced by family, neighbors and friends.

-   The stage of formal, , refers to non-specialized counseling until the establishment of the National Council for Family Affairs, which is an advanced step in family counseling and corresponds to Western experience.

it can be said that although there have been many studies on the family during the past two decades, it can be said The interest in the field of family counseling has become clear at the beginning of the twenty-first century Through the emergence of many researches in this field, and its academic teaching in universities, as well as the establishment of the National Council for Family Affairs One of which its duties is to develop the family counseling profession

The reality of family counseling in Jordan:

After reviewing the above, it is possible to describe the reality of Jordanian counseling, which is often similar to the reality in Arab societies in general and differs from it from what is in developed countries globally as follows:

The idea of a family relations consultant is well-known in the West and accepted at all levels. However, it is still feeling its steps in Arab societies in general and in Jordanian society in particular for many reasons: Some are related to the cultural aspect, others are related to society, and sometimes some are related to the fear of trying anything new

Despite the emergence of so-called family counseling centers in Jordanian society, And the emergence of acceptance of it in some individuals Especially from classes with a high cultural and social level and from the younger generations to a greater extent, it cannot be said that the matter has become fully accepted in Arab culture.

From the studies of family counseling centers in Jordan, it was found that people's acceptance of the idea is measured by the cultural and educational level and the social status of individuals.

As well as the average age, as the majority of those attending family counseling centers are between the ages of their thirties and early fifties. From another perspective, and despite the skepticism of many that these centers achieve tangible results in their lives and instruct them to improve their relations with their partner or children, the matter is gradually spreading.

And here it is necessary to point out an important point, which is that the transition of the extended family to the nuclear family has made it lose social support from the elders of the family and relatives, so some have resorted to family counseling centers from the owners of nuclear families.

With regard to the chaos of family counseling, many specialists in the field of family counseling pointed to the multiplicity of people who present themselves as experts and trainers to provide solutions to family problems,

At a time when none of those experts hold the academic qualifications that would allow them to practice that activity, and some of them have only certificates of attending training courses held by a training center for family counseling, which they obtain within days, and then call themselves a "family consultant." In addition, the costs of training courses for those wishing to work in the field of family counseling have reached record levels In return for granting him this certificate without considering his academic qualifications, and thus the matter becomes commercial.

Note that the rapid and successive changes that occurred in some Arab societies in its various aspects had a significant impact on family life, and led to the emergence of many problems in the family environment; As a result of the emergence of these problems, there is a defect in the family structure,

This confirms the increasing need for family counseling, in which the worker in his field must be highly knowledgeable and skilled in the field of counseling, and as a specialist, so that he can deliver this family and that individual to safety instead of drowning them. Unfortunately, what happens to some families and individuals who go to non-specialists in the field of family counseling; their problem is getting more and more complicated.

What causes this chaos also is the social networking sites, which have made each person a platform that allows him to give himself the task of a family counselor and begin to advise and guide people according to his beliefs, opinions and experiences Not according to specialization and qualification in family counseling.

Based on the above, it can be said that the reason for the spread of unqualified consultants are three factors: The absence of legal and official bodies concerned with supervising family counselors, and the media, which showed that many of them have speaking skills and do not have counseling methodologies and thought, In addition to education, herein lies the necessity of placing a part in the curricula that teaches students how to develop methodologies for solving problems and the correct criteria for choosing a family counselor. All of this requires states, ministries and authorities concerned with family and marital matters to set legal controls and violations for those who work in this field without academic qualifications.

Results:

The study showed a set of results, the most important of which are:

The emergence of family counseling begun globally in the forties and fifties of the twentieth century, and its emergence in Jordan at the beginning of the twenty-first century.

- The profession of family counseling is practiced globally by persons specialized in the humanitarian, social and educational fields, while there are specialized and non-specialized persons practicing the profession in Jordan.

The methods and objectives of family counseling are similar globally with its methods and objectives in Jordan. The stages of family counseling are similar globally and in Jordan, and the difference between them is in professional practice, as it was globally organized, and confused in Jordan. - There are difficulties and challenges facing family counseling in Jordan due to cultural and social reasons that did not exist in the reality of family counseling globally.

- There is chaos in Jordanian family counseling, due to societal and institutional reasons, and part of this chaos is caused by the lack of clarity of some concepts among the beneficiaries and the family counselors themselves.

Intervention in solving family problems is from the state and its government globally and includes what is psychological, material and social, while in Jordan, family problems are not solved unless families request it from the centers concerned with this.

- All families worldwide resort to family counseling centers, while this is limited to nuclear families in Jordan.

Recommendations: -

- The need to increase research and studies related to family counseling.

- Expand of allocating courses in family counseling within university programs.

- Pay attention to educating community members about family counseling in the media.

- Direct community members to receive family counseling from real specialists, not fake ones. - The necessity of monitoring and legally controlling family guidance institutions.

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